

LEBANON N

Ski + Sport Club

a publication of the Lebanon Ski & Sport Club, Inc. ❄️ www.lebanonskiclub.com ❄️ November 2022

Board of Director 2022-2023

PRESIDENT

Jack Billmyer (717) 307-0446
PRESIDENT@lebanonskiclub.com

1st VICE PRESIDENT (Trip oversight)

Anne Shutter (717) 273-4346
1stVICEPRESIDENT@lebanonskiclub.com

2nd CO-VICE PRESIDENTS (Programs)

Christie Adams (908) 963-7532
Dave Cutcliff (443) 783-0972
2ndVICEPRESIDENT@lebanonskiclub.com

TREASURER

Gordon Shutter (717) 273-4346
TREASURER@lebanonskiclub.com

SECRETARY

Dianne Bachman (717) 503-8752
SECRETARY@lebanonskiclub.com

MEMBERSHIP

Deb Binkley (717) 865-2073
MEMBERSHIP@lebanonskiclub.com

PUBLICATION

Deborah Bemdeserfer (717) 272-6842
PUBLICATION@lebanonskiclub.com

SOCIAL COORDINATOR

Karen Wampler (717) 867-1131
SOCIALCOORDINATOR@lebanonskiclub.com

PAST-PRESIDENT

Heidi Allison (724) 840-4665
PAST-PRESIDENT@lebanonskiclub.com



President's Message

November is here and so is the time to look over your ski equipment. Have your equipment tuned up, waxed and edges sharpened.

And next, come to the November 8th monthly meeting to see what you need to get tuned up with your body. Our guest speaker will be Adam Gilson of Gilson Strength and Conditioning discussing how to get the body in shape for the upcoming ski season.

Also, ski swaps are happening throughout the area. Roundtop Resort and Buckman's have swaps – (see page 2).

A Warren Miller film will be shown at the Northampton Community College, Lipkin Theater in Bethlehem @ 7:00 pm on November 4.

Club trips include our January trip to Elk Mountain. We are looking at two days at Elk with a local lodge for our group to stay. Stratton Mountain VT our 3-day bus trip for January. Mammoth Mountain California February 4-11 and Steamboat Springs March 4-11. Still have space for this trip.

Thank you to those in the Club who have brought new members to our monthly meetings.

And don't forget our December Holiday meeting and meal.

Look forward to seeing all of you next week.

Jack

**Meetings of the Lebanon Ski & Sport Club
are held at 7:30 p.m. on the SECOND TUESDAY
of the Month - September through April
at Heisey's Diner
Route 72 North, Lebanon, PA 17042**

**New Members are always
welcome!**

NEXT MEETING

**Tuesday, November 8th
Heisey's Diner**

7:30 p.m.

NOVEMBER MEETING PROGRAM

Our guest speaker for the November 8th membership meeting is **Adam Gilson, a Lebanon native and owner of Gilson Strength and Conditioning**. In addition to being a personal trainer and strength coach, Adam holds a degree in Exercise Science from Florida Athletic University and has experience in developing customized strength training programs for all ages and levels of athletes from novice to professional. Adam's presentation will provide insight into developing and maintaining strength as we age, and will share guidelines for physically preparing for the upcoming ski season. We can all benefit from what Adam has to share so please plan to attend!

SKI SWAPS

Buckman's Ski Swap is November 9th – 12th. Buckman's Ski Shop offers a nice consignment of ski wear in their tent sales with a 95% store credit on all merchandised you sell.

Roundtop Resorts is November 6 & 7.

For more information: Buckman's Ski Shops Tent Sale | Buckmans.com

[CONSIGNMENT SHOP – Ski Round Top Race Club \(srrclub.org\)](http://CONSIGNMENT SHOP – Ski Round Top Race Club (srrclub.org))



STRATTON MOUNTAIN RESORT, VERMONT

Wednesday, January 18 to January 20, 2023

**LAST CALL – FEW OPENINGS STILL EXIST
FINAL PAYMENT IS DUE BY NOVEMBER 8TH MEETING**

The infamous Eastern trip is headed to The Black Bear Lodge situated in the quaint village at the base of Stratton Mountain. Test your skis on 99 trails covering 670+ acres. And when you're done with the mountain, choose from 23 restaurants, pubs, pizzeria, deli and coffee shops to unwind in.

The cost of the trip, which includes two nights lodging with daily complimentary continental breakfast, two day lift tickets and round trip motor coach transportation, is \$569 per person. For non-skiers or Ikon pass holders, deducts \$190 per person.

Please mail payment, made payable to Lebanon Ski and Sport, to Dianne Bachman, 7831 Lancaster Avenue, Myerstown PA 17067. Any questions, I can be reached by calling/texting 717-503-8752 or email at dianne716@comcast.net.

Trip leader, Dianne Bachman

MAMMOTH MOUNTAIN CALIFORNIA

February 4th to February 11th

Last Call for Mammoth!! Trip will be shut down November 19th

Final is due at Members Meeting

NOTE: Airline has changed to United with a savings of \$60.00

Need one female or two adults for remaining airline seats

Two Bedroom/2 Bathroom

Price- \$2160 with 5 Day Lift Ticket-
Price- \$1798 if purchase lkon pass

One Bedroom/1 Bathroom

Price-\$2440 with 5 Day lift ticket-
Price- \$2078 if purchase lkon pass

No air-\$773

Accommodations: Juniper Springs Resort

Your perfect basecamp for any Mammoth adventure, this family-friendly resort delivers all the comforts of home with ski-in, ski-out convenience. The Eagle base lodge next door delivers all your ski resort needs.



<https://www.juniperspringmammoth.com>



Two Bedroom/Two Bathroom

Enjoy the space and privacy that a two-bedroom condominium suite unit at Juniper Springs Resort provides. From refreshing mountain mornings to cool, natural evenings in Mammoth Lakes, your condominium is likely to remind you of the grand architecture you see in National Parks.

Make yourself at home and enjoy the convenience of a round-the-clock front desk at your service. Featuring a master bedroom (King size bed) and a second bedroom with either 2 twin beds or a second King bed, as well as a sleeper sofa in the living area, this unit sleeps as many as six people in comfort.



One Bedroom/One Bathroom

Relaxed, natural and inviting, our one-bedroom condominium suite at Juniper Springs Resort creates an indoor experience that is the ultimate compliment to an outdoors-lover's vacation. Featuring a King-size bed in the bedroom and a double-size sleeper sofa in the living area, two to four people can enjoy the elegance and convenience provided by a stay in this condominium suite. Enjoy your own full-size gourmet kitchen appointed with rugged granite counters and solid wood detail, an outdoor balcony and access to two heated swimming pools and six outdoor hot tub spas.

Amenities:

- Ski in/Ski Out
- Welcome Breakfast with mountain tour
- \$100 resort credit- can be used at mountain retail locations to purchase gear, food, cocktails
- 2 Heated Swimming Pools and 6 Outdoor Hot Tub
- Coffee Shop/Café onsite
- Free Wi FI
- Porterage/baggage included

Includes:

- 7 nights lodging at Juniper Springs
- Round Trip Air Travel
- Ground Transportation from Reno to Juniper Spring- with a stop for food/libations
- 5 Day Lift Ticket can be included for \$362- **ENCOURGE Ikon Pass purchase if going on more than one Lebanon Ski Club Trip**
 - Senior 5 day-\$296
 - Adult 4 day – \$344 Senior 4 day –\$281
 - Adult 6 day – \$435 Senior 6 day –\$355

Mammoth Mountain Trail Map: <https://www.mammothmountain.com/mountain/trail-map>

NOTE CHANGE IN AIRLINE - Air Travel:

| | | | | |
|---------|-----------|---------|---------|----------|
| 04FEB23 | UA 1957 S | PHL/IAH | 6:00 AM | 8:50AM |
| 04FEB23 | UA 1549 S | IAH/RNO | 10:00AM | 12:07 PM |
| 11FEB23 | UA 2470 U | RNO/DEN | 1:00 PM | 4:10PM |
| 11FEB23 | UA 2130 U | DEN/PHL | 5:15 PM | 10:36PM |

*****AIR TRAVEL-** subject to change as more flights become available

Payment Schedule-

2 bedroom with Lift Ticket:

\$500.00 Deposit- at sign up
\$600.00- August 30th
\$600.00- October 12th -members
meeting
\$520.00 or Balance- November 9th
members meeting

Payment Schedule-

1 bedroom with Lift Ticket:

\$500.00 Deposit- at sign up
\$700.00- August 30th
\$700.00- October 12th -members
meeting
\$600.00 or Balance- November 9th
members meeting

Take the lifts up Mammoth Mountain, which reaches a dizzying height of 11,053 feet (17,788 meters). Experience breathtaking views and begin an exhilarating downhill ride. Mammoth has more than 3,500 skiable acres, nearly 30 lifts and 150 snow trails. Slopes for all levels of experience offer powdery snow long into spring. If you don't care for downhill skiing, try cross-country skiing or snowshoeing through dense alpine forests. Get away from the crowds and seek out your piece of wintery wonderland.



The Village at Mammoth and the Mountain Center

Surrounded by the best shops and restaurants in town and serving as the hub of the town shuttle system, The Village at Mammoth is truly at the heart of it all. Just a short free gondola ride away from Canyon Lodge and directly accessible from the mountain via the Village Ski Back Trail, The Village is the perfect place to start and end your day. Head to the Mountain Center on the Plaza for tickets, rentals and lessons, and check out McCoy's Mountain Style for everything you need to hit the slopes.

MOUNTAIN STATS

- **Summit Elevation-11,053**
- **Base Elevation-7,953**
- **Skiable Terrain-3,500 acres**
- **Number of Named Trails-175**
- **Number of lifts-25** (includes 9 express quads, 2 express six-packs)
- **Snowmaking-81 Trails**
- **Days of Sunshine per year-300 Average**
- **Average Snowfall per year-400 inches**

THINGS TO DO AT MAMMOTH MOUNTAIN-

<https://www.mammothmountain.com/winter-activities>

- Scenic Gondola Rides
- Cross Country Skiing
- Wooly's Tube Park
- Snowmobile Adventure's
- Snow Shoeing Rentals and Tours
- <https://www.mammothmountain.com/shop-and-dine>

DISCLAIMER- Please read

- Fuel Increases: The cost of Jet Fuel or Gasoline Prices could increase the price of the trip

Trip Leader:

Anne Shutter

420 Rexmont Road

Lebanon, Pa 17042

C-717-926-2137

H-717-273-4346

Send deposit and trip form to insure your spot on this fabulous trip!!!

<https://lebanonskiclub.com/forms/>



Steamboat Colorado
Updated Air Flight
March 4th to March 11th

Two Bedroom/2 Bathroom

Price - \$2210 with 5 Day Lift Ticket-

Price- \$1678 if purchase Ikon pass

One Bedroom/1 Bathroom

Price-\$2650 with 5 day lift ticket-

Price- \$2111 if purchase Ikon pass

No air-minus \$592

Accommodations: Ski Inn

Ski Inn in Steamboat Springs offers one and two bedroom condo rentals, including several with an additional loft area. Each condo provides a fully-equipped kitchen, living area with gas fireplace, balcony, and free WiFi. Most units feature stunning views of the surrounding mountains and valleys of Steamboat Springs. A nature lover's sanctuary, Ski Inn is located just off the slopes on Steamboat Ski Area via a groomed and maintained access trail.



<https://www.vacasa.com/usa/ski-inn-condos-co>



Two Bedroom/Two Bathroom



One Bedroom/One Bathroom

Ski Inn Condominiums are located under the Steamboat Gondola and offers convenient access to skiing via a groomed trail to the slopes.

Amenities:

- On-site management and front desk.
- Ski in/out access to the slopes via access trail, snow and conditions permitting.
- Guest shuttle to skiing, shopping and entertainment (ski season).
- 150 yards to free city bus.
- Concierge and bellman services available by request.
- Business center with complimentary internet service and fax.
- Complimentary high speed internet access in all units.
- 1 indoor hot tub, 2 outdoor hot tubs, 1 sauna, exercise equipment and an outdoor grill (All amenities are by reservation only due to COVID).
- Gas fireplace and private balcony.
- No air conditioning.
- Laundry facilities on premises.
- Complimentary in-unit coffee.
- All units are non-smoking.

Steamboat is actually a complete mountain range: Mount Werner, Sunshine Peak, Storm Peak, Thunderhead Peak and Christie Peak. 2,939 acres (1176 hectares) of permitted terrain offer a diversity of trails for all levels of ability. Gladed areas of Sunshine and Storm Peaks are Steamboat's particular claim to fame, with "champagne powder" in the trees for the most avid powder hounds. The Morningside Park Expansion opened 179 acres of new terrain at Steamboat. The four-phase Pioneer Ridge Expansion, is a 770-acre area of intermediate and advanced terrain to the north of the existing ski area.

Includes:

- 7 nights lodging at Ski Inn
- Round Trip Air Travel
- Ground Transportation: Roundtrip Shared Ride Shuttle: HDN to Steamboat
- 5 Day Lift Ticket can be included for \$532- ENCOURGE Ikon Pass purchase if going on more than one Lebanon Ski Club Trip
 - Senior 5 day-\$296
 - Adult 4 day – Minus \$106
 - Adult 6 day – Add \$106

Air Travel: Updated flight schedule

PHL BNA WN 322 04 Mar 23 06:10 / 07:35
BNA HDN WN 419 04 Mar 23 09:55 / 12:15
DEN MDWWN 4130 11 Mar 23 14:55 /18:10
MDW PHL WN 934 11 Mar 23 19:05 / 21:55

***AIR TRAVEL- subject to change as more flights become available

Steamboat Trail Map: [OnTheSnow](#)

Payment Schedule-

Final Payment due at November Meeting

2 bedroom with Lift Ticket:

\$500.00 Deposit- at sign up
\$600.00- August 30th
\$600.00- October 12th -members meeting
\$510.00 or Balance- November 8th members meeting

1 bedroom with Lift Ticket:

\$500.00 Deposit- at sign up
\$800.00- August 30th
\$800.00- October 12th -members meeting
\$550.00 or Balance- November 8th members Meeting

Steamboat Mountain Facts

- Base elevation: 6,900 feet/2103 meters
- Midway: 9,080 feet/2768 meters
- Summit: 10,568 feet/3221 meters
- Vertical rise: 3,668 feet/1118 meters
- Trail system: 165 trails, including gladed tree areas
- Permitted acres: 2,965 acres/1,200 hectares
- Longest run: Why Not, over 3 miles/4.8km
- Trail classification: 14% Beginner 42% Intermediate 44% Advanced
- Uphill capacity: 33,619 per hour
- Snowmaking: 375 acres
- Annual snowfall: 338"/859cm (15-year average)

- Things to do at Steamboat- <https://www.steamboat.com/things-to-do>



- Sleigh Rides
- Tubing
- Snowmobiling
- Snowshoe trails

DISCLAIMER- Please read

- Fuel Increases: The cost of Jet Fuel or Gasoline Prices could increase the price of the trip

Trip Leader:

Jack Billmyer

Address- 1603 East Caracas Avenue, Hershey, PA 17033

Phone Number- 717-307-0446

Email address- jack@billmyer.net

Send deposit and trip form to insure your spot on this fabulous trip!!!

<https://lebanonskiclub.com/forms/>

**** -Correct name on driver's license. Yes or no to lkon pass.**



Lebanon Ski & Sports Club, Inc.
Membership / Release of Liability Form

MEMBERSHIP YEAR 2022/2023

Membership begins April 1 and expires Mar 31st

All trip participants must be current LSSCI Members

Membership Type: New Member Renewal

 Family - \$20.00 Individual - \$15.00

Bring to Membership Meeting or Mail to:
Deb Binkley, 2566 State Rte 72 Jonestown PA 17038

NAMES: _____

Address _____

City: _____ State: _____ ZIP: _____

Phone: _____ Cell _____

Email address: _____

Email address: _____

List names of family members and ages here, if applying for Family Membership:

Payment record: Check # _____ Membership date:

Release of Liability

The Lebanon Ski & Sports Club Inc. (LSSCI) reserves the right to make changes including, but not limited to price, time, departure point, lodging, air flights, etc., where such changes are in the best interest of LSSCI or are compelled by circumstances beyond LSSCI's control. Neither LSSCI nor its board members, trip leaders or other representatives assume any obligation or responsibility for any matters not within their control.

I acknowledge that skiing & boarding and other physical activities are hazardous activities and I have made a voluntary choice to participate in those activities despite the risks that they present. In consideration of my being permitted to participate in Club events, I agree to assume any and all risks of injury or death which might be associated with or result from my participating in this event.

I understand that this is a Release of Liability, which will legally prevent me or any other person from filing suit or making any other legal claim for damages against the *Lebanon Ski & Sport Club, Inc.* in the event of my death or any injury to me. I, nevertheless, enter into this agreement freely and voluntarily and agree that it is binding upon me, my heirs, assignees and legal representatives.

I agree as an individual or on behalf of family, to abide by the provisions and conditions in the trip Agreement and Terms or any other trip material, including information appearing in the *Lebanon Ski & Sport Club, Inc.* newsletter which information shall be part of the agreement.

I agree as an individual or on behalf of family or those under 18 years of age, to abide by the provisions and conditions in the trip Agreement and Terms

I agree to make schedule payments when due. If I make late payments, make changes or withdraw from the trip, I agree to pay shift, late or cancellation fees as specified in the trip material.

I, the undersigned, have read, understand and will abide by all statements, rules and regulations in the Application.

Print Name _____ **Date** _____

LEBANON SKI & SPORT CLUB, Inc. (LSSCI) - TRIP/EVENT REGISTRATION FORM 2022/2023

1. TRIP/EVENT SIGN-UP AND PAYMENT

- A. Everyone participating in Club trips must be a current member of the LSSCI INITIAL _____
- B. Everyone participating in club trips must be at least 18 years of age, unless accompanied by a Parent/Legal Guardian.
- C. Registration for all club trips involving overnight stays, payment, or common transportation, must include this registration form and the initial deposit. Deposits shall be made by check made payable to the **Lebanon Ski and Sport Club, Inc.**
- D. Everyone under 21 years of age must abide by all state laws governing alcoholic beverage consumption. Any individual under 21 years of age who consumes alcoholic beverages or any club member, who furnishes any individual under the age of 21 with alcoholic beverages, shall be prohibited from participating in any additional club trips. In addition, the Board may expel said individual(s) for violations of this policy.
- E. Trips will be filled as follows:
 - 1. Registrations will be accepted in the order they are received. Deposits and registration forms are to be given to the trip leader assigned to that trip. Trip Leader addresses will be listed in the monthly newsletter.
 - 2. The initial deposit amount and the schedule for the remaining payments will be stated in the official trip announcement. Payment schedules will also be listed in the monthly newsletter.
 - 3. The club makes reasonable efforts to pair members to fill rooms to meet the occupancy rate. However, due to the variety of room configurations, parties signing up for trips with less than required occupancy may incur additional charges to cover room costs not otherwise covered. INITIAL _____
- F. **Lebanon Ski & Sports Club Inc. (LSSCI)** reserves the right to make any changes including, but not limited to: price, time, departure point, lodging, air flights, trip cancellations - where such changes are in the best interest of LSSCI or are compelled by circumstances beyond LSSCI's control. When it is **beyond the clubs control** (ie, weather, airlines etc) any cost incurred will be the responsibility of the participant, not the club. INITIAL _____

2. Participant Cancellation: Cancellation with full refund will be made if the vacancy created is filled at the time of the event. It is the responsibility of the participants to find a replacement, not the trip leader. If the vacancy is not filled, refunds will be made only for the portion of the deposit not required to cover fixed, non-refundable expenses incurred by the club. Cancellations fees will be determined on a trip-by-trip basis. Any trip refund is provided after the trip. INITIAL _____

TRIP REGISTRATION FORM Please use this form for club trips as noted. Attach a check made payable to the **Lebanon Ski & Sport Club** for your deposit/payment and either mail or give it to the trip leader at the club meeting.

Trip/Event _____ Trip Leader _____

(Provide name EXACTLY as it appears on your legal travel document, Drivers' License, Passport, etc.)

Name 1: _____

Name 2: _____

Address: _____

Circle one:

I/We wish to fly with the club on their available air package.

I/We will be responsible for our own flights and ground transportation.

Email Name 1 _____

E-Mail Name 2 _____

Phone Name 1 _____

Phone Name 2 _____

Name of person you wish to room with _____

ROOM REQUESTS: Requests for specific room assignments should be specified on the application form.

Although every effort will be made to honor each request, we cannot guarantee them due to lodging configurations.

Check No. _____ Deposit Amount \$ _____ Date _____

Name 1: Birth date: ____ / ____ / ____
Month Day Year

Name 2: Birth date: ____ / ____ / ____
Month Day Year

PARTICIPANT SIGNATURES Name 1 _____ Name 2 _____



November 8, 2022 – Membership Meeting, Heisey's Diner

December 13, 2022 – Annual Christmas party, Heisey's Diner

January 10, 2023 – Membership Meeting, Heisey's Diner

January 18 to January 20, 2023 - Stratton Mountain Resort, Vermont

February 4 to February 11, 2023 – Mammoth Mountain, California

February 14, 2023 – Membership Meeting, Heisey's Diner

March 4 to March 11, 2023 – Steamboat, Colorado

March 14, 2023 – Membership Meeting, Heisey's Diner

April 11, 2023 – Membership Meeting, Heisey's Diner

Members are encouraged to suggest and/or plan activities!!