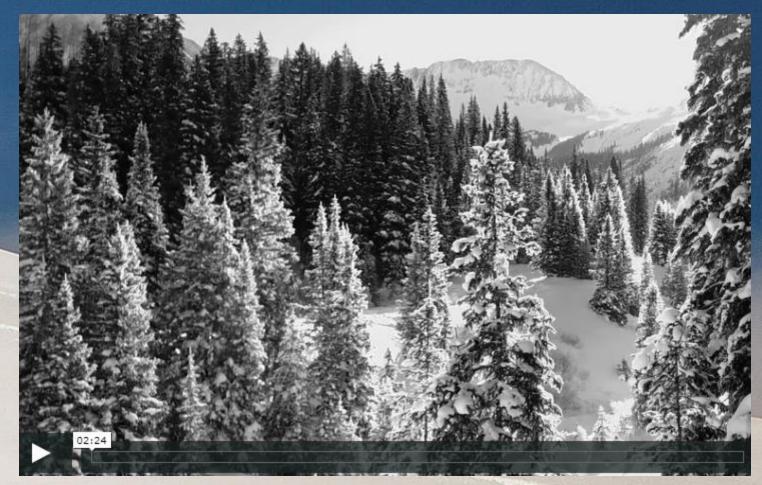


GET READY FOR WHITE GOLD



Winter is Coming - 2017_18 VIDEO



TELLURIDE, COLORADO February 3-10, 2018 Lebanon Ski & Sport Club

1BR/1BATH SUITES

Ammon Bruce Sattazahn

Kathryn Ann Sattazahn

Deb Binkley Terry Binkley

James Davin Mulligan Cathy Lyn Mulligan

Erich G Bair Barbara K Boggan

Theresa Lynn Resanovich Nicholas G Resanovich, Jr Anna Marie Kambic

Ronald Edward Lay Kathryn Mclane Lay 2BR/2BATH SUITES Gerald Richard Kreider Jane Frances Miller Dianne Bachman Bethany Ann Amerman

Kevin Millard Smith empty pillow Paul Horst Larry Groff

Sandra L Cauler Walter Wall Stephanie L. Butler Lynn Raheb

Paul Timothy Ulrich Patricia A Ulrich Sherrie Ann Custar Stephanie A Keckeisen

Shellie Sterner Jeff Sterner Ken Sterner Dave Williams



3BR/3BATH SUITES

Anne Shutter

Gordon Shutter

Cindy Lutz

Dean Lutz

Denise Ann Flowers

Eileen Marie Staton

Ken Beam

Karen Beam

George S Riddle

Phyllis Elaine Riddle

Timothy Edward Ketterer

Cathy Sue Ketterer

Jack B Billmyer Linda Ann Billmyer Joe Stuart Peters Vicki Ann Peters

Brenda A Bent

Mary E Sellers

2022

GETTING THERE

PASSPORTS – I need your copy for ticketing! Self Drive to Philly / Car Pool Overnight Stay with Parking, Or Just Parking http://www.parksleepfly.com/

American Airlines

Current itinerary (subject to change) is as follows:

#1965 03FEB PHILADELPHIA-CHARLOTTE 655A 843A #486 03FEB CHARLOTTE-MONTROSE 950A 1204P #486 10FEB MONTROSE-CHARLOTTE 1244P 617P #1798 10FEB CHARLOTTE-PHILADELPHIA 820P 1000P

American recommends an arrival time at the airport of $1 \frac{1}{2}$ hrs prior to departure. You must be checked in within 45 minutes of scheduled departure. Curbside check-in is available at Philadelphia.



BAGGAGE AND GEAR

BAGGAGE: First checked bag = \$25 Dimension: 62 in / 158 cm Weight: 50 lbs / 23 kgs



Second checked bag (Skis/Board and boots) = \$35

There are perks for Aadvantage premier members – please check on line

Allowance and requirements of Ski and Boarding Equipment

The following items will be treated as a single checked item: 1 pair of skis or a snowboard AND 1 bag containing a pair of ski or snowboard boots and your helmet/goggles. If you put anything else in your boot bag, you may have to pay an excess baggage fee.

Maximum weight and size

One pair of skis/snowboard up to 126 inches and one boot bag containing boots/bindings only and not to exceed 45 inches (length + width + height)

SHIPPING GEAR

SHIPPING SKIS, BOARDS, AND GEAR:



MOUNTAIN LODGE – TELLURIDE 457 Mountain Village Blvd, Telluride, Colorado, 81435. Allow 7-10 days for shipping. Skis can arrive anytime within the week prior to arrival. Our skis can arrive between January 27th – February 3rd.

Put our group's name "Lebanon Ski Club" somewhere on the ski's packaging so the bell service know which group they are to be associated with. They will keep the skis in our bell closet until you arrive.

A: The cost to **ship** your **skis** and/or snowboard(s) with **Ship Skis**, **i.e.**, varies based on the origination and destination of the **shipment** as well as the desired service. A ground **shipment** can range from \$39.00 to \$69.00, while air shipments range between \$89.00 and \$149.00.



ARRIVAL!

Arrive in Montrose, Colorado

Bus to Telluride takes about 1 1/4 hrs



Grocery/Beverage Stop in Montrose will be thirty minutes, tops! 30% cheaper than on the mountain. All suites have full kitchens with standard coffee pots and come with coffee when you check-in.

\$25 deposit for ski lockers if you wish, refundable at check out.

Parking for those driving in: \$20 per day. Valet will assist you. You can also park at the airport for \$7 per day and ride the shuttle in with the group.

Welcome Party Saturday @ 7 pm in the trip leader's Suite Mountain Lodge Concierge Telluride Mountain Guide & Adventure Center Representative Lift Tickets Handed Out, Wine, Beer & Pizza

Superbowl Party Sunday afternoon in the trip leader's suite. Heavy appetizers. You BYOB. Super Bowl \$\$Pool\$\$ The View also is throwing a Super Bowl party with multiple tvs.





Lodge will provide a golf cart ride at anytime around the Lodge Property – too tired to walk to your door? Too many packages? Don't want to walk in ski boots? No worries, call the front desk for a ride 970-369-5000.

Parking for those driving in: \$20 per day. Valet will assist you. You can also park at the airport for \$7 per day and ride the shuttle in with the group.

The Intercept gondola is a 5-minute walk up a short hill. Or the shuttle will take you there. From Intercept gondola at Town Hall Plaza, ride to Mountain Village and then take the main gondola into Telluride.

Mountain Lodge shuttle also runs to the Mountain Village. Lodge can drive you to the free gondola with our shuttle and you can take the quick 15 minute gondola ride into the town of Telluride. The gondola runs until midnight or until 2am on the weekends.



Intercept Gondola @ Town Hall Plaza and Market

Market at untain Village

Mountain^{ee Intercept} Gondola

Conceptions

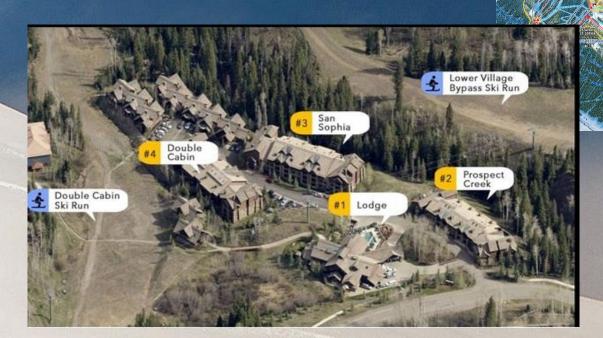
Mountain Village Blvd

Double Cabin

Mountain Village B/kg



Mountain Lodge Location



US

<u>Click here to see lodging location:</u> <u>Click here to see suites and amenities</u>.

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ACCOMMODATIONS

Ski-In/Ski-Out Accommodations Complimentary Wi-Fi Grocery Shopping Service Ski Rental Service - Christy Sports Heated Pool & Hot Tubs Fitness Center & Steam Room The View Bar & Grill **Meeting & Event Facilities** Ski Lockers & Storage (\$25 Key Deposit Refunded at checkout) Shuttle Bus Service **Concierge Services In-Room Spa Services** Pet Friendly Hotel Free Shuttle to Gondola, Mountain Village Market, and Mountain Village Core Hot Tub Bar Service Concierge Neddie Troutman at 970-369-6116.





FREE GONDOLA

Ride time	13 minutes from Oak Street Plaza to Mountain Village Center
Highest point	10,540 feet at Station St. Sophia
Total length	3 miles
Longest section	5,750 feet long with vertical rise of 1,790 feet
Average speed	11 mph
Capacity	8 people per gondola cabin. 900 people per hour, the equivalent of eighteen 50-passenger busses
Passengers per year	Approximately 2.5 million passengers annually
Environmental impact	All the electricity used to operate the Gondola comes from wind and solar power
One-of-a-kind	The gondola is the first and only free transportation system of its kind in the United States.









SKI & RIDE ALREADY!

When do the lifts spin? Lifts start spinning at 9am daily. Chair Lifts are named and numbered.



Let me know if you want a 6th day lift ticket! \$75 when reserved ahead.

Mountain tours : Departs daily at 10am from the top of the Coonskin Lift (Lift 7). Tour lasts for approx. 2.5 hours. At minimum, intermediate ski ability is required.

Gorrono Ranch closes before the lifts stop. They will not let you stay after they close. If the lifts are closed, ski to the bottom and take the gondola back to the lodge.

Discounted lessons? You will receive a coupon in your ticket package upon arrival. Mountain Adventure, 11am–3:45pm, \$110 Morning Max 4 people, 9am –11am, \$75

NASTAR - opens at 10 am everyday on Misty Maiden ski run off Chair 5. Individuals can go at any time and pay full price. Possible private group NASTAR races at \$15 per person. 2Hr for group plus optional BBQ at Gorrono Ranch. Sign up now....

Discounted Rentals at the Lodge. contact Troy Phillips <u>tphillips@christysports.com</u> (970)-369-4727) at Christy Sports



Health Issues

Where is closest medical clinic? Downtown 500 W Pacific Ave, Telluride, CO 81435

Prepare for altitude? Drink Water! :

http://www.altitudemedicine.org/optimizing-health-at-altitude/



- Staying hydrated is important as it aids your body in acclimatizing.
 Avoid use of alcohol or sleeping agents of the benzodiazepine family, since they both suppress breathing and result in lower blood oxygen. Other sleeping pills like Ambien or Lunesta do not affect breathing at high altitude and are safe.
- Avoid over-exertion for 1-2 days after arrival to altitude.
- Acetazolamide (Diamox®) taken 24 hours prior to arrival to altitude and the first 2 days at altitude is 75% effective in preventing AMS. It speeds up the acclimatization process in the body, stimulates breathing, raises blood oxygen and increases urination. Watch for sulfa allergies?
- Gingko biloba, according to some studies was effective in preventing AMS when started 5 days prior to ascending to altitude, at a dose of 100 mg twice a day.
- Avoiding exposure to viral illness such as coughs and colds will improve your chances of staying healthy. When traveling consider wearing a mask if exposed to someone with a severe cough.



ENJOYING OTHER ACTIVITIES!

Après Ski anyone? There are many activities to enjoy in Telluride – here's a glimpse.

- Historical Museum
- Walking Tour
- The Peaks Spa
- Nordic
- Snowmobiling
- Hiking
- Fat Biking
- Snow-Shoeing, Ice Climbing, Cat Skiing, Heli-Skiing, Wagner Custom Factory tour
- Sure-Fit
- Backcountry Skiing.

Check them out at

http://www.tellurideskiresort.com/eventsactivities/activities/winter/





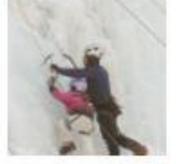
LOCATED ON THE MOUNTAIN VILLAGE GONDOLA PLAZA WINTER SEASON HOURS: 8AM-5PM | 7 DAYS A WEEK FOR MORE INFORMATION CALL (970) 728-7433 OR EMAIL ADVENTURE@TELSKI.COM

Restaurants









SNOWSHOEING

SNOWHOBILING

ICE CLIMBING







HELI-SKIING

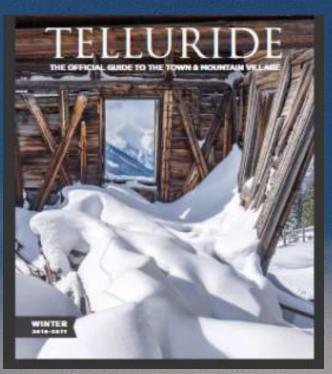
BACKCOUNTRY SKIING



AND OF COURSE..... FOOD!

VISITORS' GUIDE

Consider... Brown Dog Bon Vivant (On mountain & Dinner Cat Ride) Vino Alpino (On mountain & Dinner Cat Ride) The New Sheridan Oak (BBQ)



Non-skiers can meet up with their skiing/riding friends at the Tomboy Tavern and Crazy Elk Pizza in Mountain Village, The View at the Lodge, and Altera top of Main Gondola



QUESTIONS?

TO DO:

Send passport copies / verify your information is correct on the manifest

Order a 6th Day Lift Ticket

Let me know interest for NASTAR

PROVIDE CELL PHONE # for group list.

Plan for car pool or park/fly to airport

Park in the back row, take the stairs and Ginko. Drink water!

Investigate shipping gear and let me know if you plan to do this so I can give names to the bell staff.

Squats.

Reserve dinner at Vino Alpino & Bon Vivant



JANE-MILLER janemms@gmail.com president@Lebanonskiclub.com 717-507-0186