

LEBANON N

Ski + Sport Club

a publication of the Lebanon Ski & Sport Club, Inc. ❄️ www.lebanonskiclub.com ❄️ October 2017

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President's Message



Now we've turned the page to the last quarter of 2017. Yikes! It's time to turn our attention to getting ready for our favorite season!

How will you prepare? We know we should start doing squats to temper burning thighs on those upcoming long runs in Killington, Sunday River, and Telluride. Take the stairs to build that lung capacity to get acclimated to higher altitudes. Get the gear out of the basement and beat the rush for annual tune ups, and shop local swaps. See inside for info.

Until then, let's keep playing outside and enjoying each other's company. Your club has planned some fun activities and interesting speakers for upcoming meetings.

Thanks to the many who have updated their memberships. If your email address has changed, please let us know so that you can keep up on the latest news.

And thanks again to our many volunteers who keep our club exciting! We appreciate everything you do!

Looking forward to seeing you at our next meeting.

Jane

**Meetings of the Lebanon Ski & Sport Club are held at 7:30 p.m. on the SECOND TUESDAY of the Month - September through April at Heisey's Diner
Route 72 North, Lebanon, PA 17042**

New Members are always welcome!

**Tuesday, October 10, 2017
Lebanon Ski & Sport Club
Meeting starts at 7:30 p.m.
Special Speaker
Lee Gonder from World Cup Ski and Cycle
Topic: Ski Boots**

Guest Speaker: Lee Gonder



3804 Gettysburg Rd Camp Hill, PA 17011 Phone (717) 730-9402
Mon/Tues: 10-8 Wed: 10-6 Thurs/Fri: 10-8 Sat: 10-5 Sun – closed
<http://worldcupskiandcycle.com/>

Lee Gonder from World Cup Ski and Cycle will be discussing Ski boots, Ski equipment and more at the October meeting. He will take this topic a step above normal! If you are looking for comfort and fit in a boot, you don't want to miss this session.

[Check their web site for additional information](http://worldcupskiandcycle.com/)

CENTRAL PA SKI EXPO

PLEASE NOTE DATE OF THIS EVENT HAS CHANGED! Susquehanna and Lancaster Ski Clubs are hosting the Eighth Annual Central Pennsylvania Ski Expo on Wednesday, October 18 from 6-9 PM at the Highlands at Donegal Golf Course, 650 Pinkerton Rd., Mount Joy. Representatives from mountain resorts across the country will be present to give you firsthand information on the newest offerings at their mountains, lodging, and travel to their respective destinations. There will be light appetizers, a cash bar, a DJ, and lots of great door prizes! Don't miss this opportunity to meet the mountain reps, mingle with fellow skiers/riders, and get ready for another great ski season.

Admission is free for SSC, LSSC, and LSC members. There is a nominal admission fee of \$5 for non-members.

2017 SKI SWAPS ~ SAVE THESE DATES!

ERA Ski & Sport – October 21st

Roundtop Ski Resort– November 4 & 5

Lebanon Ski & Sport Club SHIRT SALE! : **Ends October**

NEW ITEMS – Hooded and Crewneck Sweatshirts, and Sleeveless Wicky, plus all of your original favorites.



Click on the links below to see colors and specs. All shirts will have small logo on front left chest and large logo on back – sorry, no variations. Please send your written order and check made to Lebanon Ski Club to:

Deb Bemederfer
103 Hillside Dr
Lebanon PA 17042-9021
reeseski76@aol.com 717-272-6842



#G2000, short sleeve cotton tee – \$9.00 each (add \$2 for 2XL, \$3 for 3XL-5XL)

<https://www.companycasuals.com/majorleague/b.jsp?id=126862>

#G2400, long sleeve cotton tee – \$11.00 each (add \$2 for 2XL, \$3 for 3XL-5XL)

<https://www.companycasuals.com/majorleague/b.jsp?id=132381>

#ST350, short sleeve moisture wicking tee – \$11.00 each (add \$1 for 2XL-4XL)

<https://www.companycasuals.com/majorleague/b.jsp?id=7189828>

#ST350LS, long sleeve moisture wicking tee – \$13.00 each (add \$1 for 2XL, \$3 for 3XL, \$4 for 4XL)

<https://www.companycasuals.com/majorleague/b.jsp?id=7189834>

#ST352, sleeveless moisture wicking tee – \$12.00 each (add \$1 for 2XL, \$3 for 3XL, \$4 for 4XL)

<https://www.companycasuals.com/majorleague/b.jsp?id=8771572>

#LST352, ladies sleeveless v-neck moisture wicking tee – \$12.00 each (add \$1 for 2XL, \$3 for 3XL, \$4 for 4XL)

<https://www.companycasuals.com/majorleague/b.jsp?id=8771584>

#PC90, crewneck (no hood) sweatshirt – \$13.00 each (add \$2 for 2XL-4XL)

<https://www.companycasuals.com/majorleague/b.jsp?id=4983>

#PC90H, pullover hooded sweatshirt – \$19.00 each (add \$2 for 2XL-4XL)

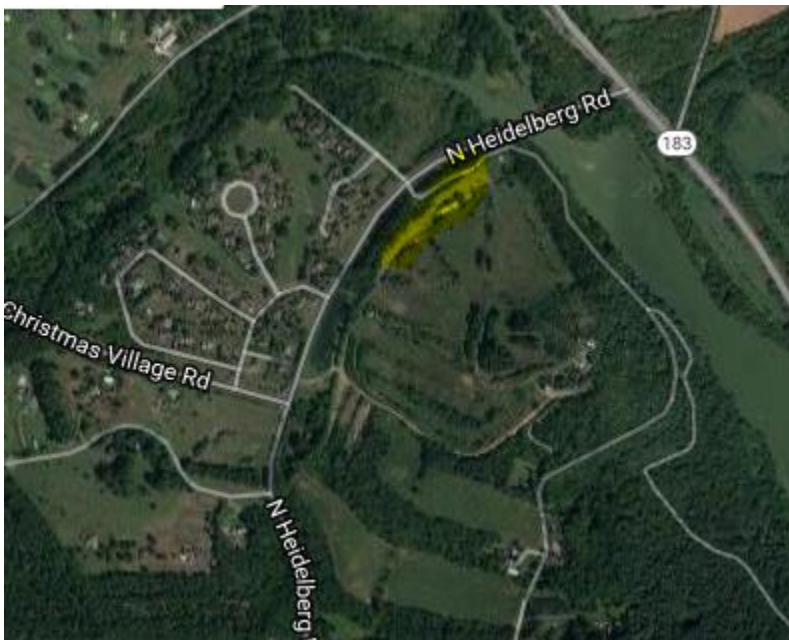
<https://www.companycasuals.com/majorleague/b.jsp?id=4984>

Shirts will be sold until September or until minimum 24 in any combination are sold.

Hike at Blue Marsh ~ Saturday, October 14th

BLUE MARSH HIKE with the Amermans and Bachmans!

Saturday October 14th, Hike at 2 pm. Enjoy the Fall on a great hike with good friends. We plan to hike the area close to the old ski slope. There's a parking lot on N Heidelberg Road off I83, which is the road to Christmas tree village. Turn on to Stump Lane from N Heidelberg Rd.



[Download the trail map](#)

Dog friendly.
Hike at 2 pm.

Eat & Beverages after at the 501 Grille in Mt Aetna. 7646 Lancaster Ave (Rte 501) Mt Aetna Pa 19544

Questions, Call or text Dianne:
717.503.8752
Email: Dianne716@comcast.net

HERSHEY BEARS HOCKEY ~DEFEND THE DEN!

Saturday, November 11, 2017 @ 7pm

Bring the family!
Tickets are \$20 each.
Seats in section 123.
Parking Additional

BEARS VS LEHIGH VALLEY Phantoms

American Flag Night: All Fans Will Receive an American Flag Upon Entrance, Courtesy Of United Brotherhood Of Carpenters Local 431

Hometown Heroes Jersey Auction: Players Will Be Wearing USA Themed Jerseys During The Game That Will Be Auctioned Off Post Game To Benefit Local Charities

Saturday, November 11th



Call or text Linda Billmyer at 717-512-3556. Bring check made out to Lebanon Ski Club to club meeting on Oct 10th or mail to Linda Billmyer, 1603 E Caracas Ave Hershey PA 17033

All overnight trip participants must be current LSSCI members and a Trip Registration form filled out per each trip event!!

Trip 1: SEASON KICKOFF TRIP



(TBD) Tentative Date Friday Jan 5th & Saturday Jan 6th

Friday/Saturday car pool event to
Elk Mountain and Montage Ski Area



Come Explore Pennsylvania Skiing!

The plan is to car pool to Elk Mountain for a day of skiing, then drive back down to Montage. Stay overnight and ski Montage on Saturday.

More details to come – save the date!

Trip 2: Vermont --Killington



KILLINGTON VT. – WELCOME to the BEAST January 17- 19 2018

Note: 31 Skiers have signed up for Killington Trip
And, if you are interested please contact Gordie ASAP.

Act now to hold a place on the *Party Bus to Killington Mountain* on Wednesday January 17-19. We will arrive early in Killington on Wednesday evening, approx. 4:30pm and depart Killington Friday after a day of skiing- approx. 4:30pm
Two days skiing and two nights lodging at the mountain – all for under \$400.

Killington Grand Resort Hotel- <http://www.killington.com/site>

Killington's only full-service mountainside hotel features convenient ski-bridge access to the slopes

Recognized by Trip Advisor for the second consecutive year with a Certificate of Excellence

IN-ROOM AMENITIES

All rooms at the Grand are equipped to make your stay as comfortable as possible

Studios offer fully-equipped kitchenettes with the following:

- Refrigerator and freezer
- Oven and stove
- Dishwasher and soap
- Microwave
- Essential pots, pans, glassware, dinnerware and utensils

Your choice of:

1 Bed Studio – Queen Murphy Bed- \$370.00

2 Bed Studio- Queen Murphy and Queen Sleeper Sofa- \$380.00

2 Bed Hotel Room- 2 Queen beds- No refrig.- \$390.00 All rooms are priced at double occupancy

For any other rooming combinations call Gordon at 717-273-4346 or e-mail. atg244@comcast.net

Ages 7-18 and 65-79 get an \$8 price reduction if downhill skiing!

KILLINGTON –HOME OF THE SIX MOUNTAINS!

Killington Resort's



Killington Resort's six peaks and 4,241' elevation offer 3,000' of vertical drop, exceptional views and ample opportunities for outdoor adventure with the longest on-snow season in the East. **Killington: Nicknamed The Beast for its 1,509 skiable acres and expansive network of distinct base areas**

- Killington is heralded as one of the East Coast's best ski destinations.
- Killington Peak summit sits at 4,241 ft. with a base elevation of 1,165 ft.
- The mountain is home to an extensive trail system that spans six mountains, plus sister resort, Pico Mountain that's just a 5-mile shuttle ride away.

Cross Country skiing

Cross Country Skiing - Bear Trax Adventures - <http://www.beartraxadventures.com/>

☑ Transportation to Bear Trax – The Grand Hotel does supply transportation but you can take the public bus which picks up at the Grand and Stops at Bear Trax (5 mile bus ride)



PAYMENT SCHEDULE

October 1 \$100.00 With Trip Form and Room Preference

November 1 \$150.00

December 1 Balance (\$120 -\$ 130 – or \$140)

Send Payments:

Gordon Shutter

420 Rexmont Road

Lebanon Pa 17042

Cross Country or non - skiers deduct \$90.00 from price.

Save the date or send \$100 to reserve your spot!!!

Trip Leader

Gordon Shutter atg244@comcast.net



Trip 3: Colorado

TELLURIDE, CO – February 3-10



50 Lucky Lebanon Ski Club Members are signed up to enjoy the #1 SKI RESORT IN NORTH AMERICA!

For the 4th time in the past 5 years the readers of Conde Nast Traveler have rated Telluride Ski Resort the #1 Ski Resort in North America. Read the entire article: [America's Best Ski Resorts: Readers' Choice Awards 2016](#)

We have room for one single female. Please [contact Jane](#) asap!

Flight info on **American Airlines**: So that we can arrive in Montrose early enough to enjoy the scenery on our 1 ¼ hour charter bus ride (plus grocery stop) to Telluride, we have opted to fly out of Philadelphia at a very early hour. This will allow us to get to Telluride in the daylight and have time to acclimate and get ready for our fun-packed week! We've also opted to fly through Charlotte, which will give us enough layover time to have a nice sit-down breakfast before our longer flight.

Feb 3 Depart Philadelphia 515AM arrive Charlotte 653AM
Feb 3 Depart Charlotte 955AM arrive Montrose 1225PM
Feb 10 Depart Montrose 105PM arrive Charlotte 640PM
Feb 10 Depart Charlotte 805PM arrive Philadelphia 941PM

Members will need to make their way to Philly – many will drive down the night before and take advantage of free-hotel parking for the week. You may want to start lining up your car pool pals.

Our pre-trip info session is scheduled prior to our general meeting on Tuesday November 14th.

Après Ski anyone? There are many activities to enjoy in Telluride – here's a glimpse. NASTAR, Historical Museum, Walking Tour, The Peaks Spa, Nordic, Snowmobiling, Hiking, Fat Biking, Snow-Shoeing, Ice Climbing, Cat Skiing, Heli-Skiing, Wagner Custom Factory tour, Sure-Fit, Backcountry Skiing. Check them out at <http://www.tellurideski resort.com/events-activities/activities/winter/>

TELLURIDE NEWS AND SNOW REPORT: <http://www.tellurideski resort.com/email-signup-form/?Email=>

There is still time to purchase trip insurance, although the pre-existing conditions waiver options has past. You can purchase from your favorite vendor, or our agent has a good product here:

[Encompasse Tour Insurance](#)

Please scan to me a copy of your PASSPORT so that our agent can do flight ticketing.

October payment is now due of \$400. Contact me for a personal payment schedule.

Call or text Jane @ 717-507-0186 with any questions or janemms@gmail.com

Trip 4: Maine



SUNDAY RIVER, MAINE February 25 to March 2, 2018 – Sunday to Friday

Note: Rooms are filling FAST : Only 4 rooms left!!!

**We are going again! Last year's trip was wonderful – there was snow
everyday while the Club was there!**

Big news for 2018 – a new Spruce Peak Triple chair!

5 1/2 days of skiing on 8 distinct peaks.

Lodging is *Grand Summit Hotel*. <http://www.sundayriver.com/lodging/grand-summit>

True ski-in/ski-out location at the lower end of the mountain closer to Bethel, Maine.

Studio Deluxe Unit - \$470 per person - (Double occupancy) Queen Murphy bed and sleep sofa in living room, kitchenette and a private bath.

One Bedroom Suite – Queen bed in bedroom, Murphy bed or sleep sofa in living room, full kitchen and a private bath.

Quad occupancy - \$470 per person

Double occupancy - \$560 per person

NOTE – There are only two one-bedroom suites booked. If you want a one-bedroom suite, please contact Deb Bemserderfer as soon as possible.

Grand Summit Hotel – amenities:

- Ski check
- Slope side with direct access to trails
- Outdoor heated pool with hot tub
- Fitness & Health Center with sauna
- Spa treatments
- Weekly Activities
- Wi-Fi throughout the hotel

Complimentary trolley service

Trip package includes:

- Welcome Reception
- 5 nights lodging
- 5 day lift tickets
- Half day lift ticket for early arrivals on Sunday from 12:00 p.m. to 4 p.m., and
- 1 complimentary 90-minute Adult Perfect Turn Clinic
- Check out Friday, March 2 at 10:30 AM. – stow your luggage at the hotel and ski the day. Use the facilities to freshen up before you leave for home. Arrive Sunday, February 25 for check-in at 6:00 P.M.

Non-skiers will receive \$125 Sunday River Money in lieu of the lift ticket. (Trip price is same for skiers and non-skiers).

Singles who wish their own room (studio only) - add \$259 solo occupancy fee.

Members are responsible for their own transportation to Maine. Consider driving halfway with an overnight stay along the way to break up the trip.

Trip leader: Deb Bemederfer, 103 Hillside St., Lebanon PA 17042

Reeski76@aol.com

H – 717-272-6842 – (please call home first)

C – 717-769-7473

**Please sign up as soon as possible as rooms can't be guaranteed after December 18th.
Deposit of \$100 will hold your space. Payment in full is due at the December 12th meeting.**



Membership / Release of Liability Form

MEMBERSHIP YEAR 2017 / 2018

All trip participants must be current LSSCI members

Membership begins April 1 and expires Mar 31st

Membership Type: New Member Renewal
 Family - \$20.00 Individual - \$15.00

Bring to Membership Meeting or Mail to:
Deb Binkley, 2566 State Rte 72 Jonestown PA 17038

Name First: _____ Last: _____

Address _____

Address _____

City: _____ State: _____ ZIP: _____

Phone: _____ Cell _____

Email address: _____

List names of family members and ages here, if applying for Family Membership:

Payment record: Check # _____ membership date: _____

Release of Liability

The Lebanon Ski & Sports Club Inc. (LSSCI) reserves the right to make changes including, but not limited to price, time, departure point, lodging, air flights, etc., where such changes are in the best interest of LSSCI or are compelled by circumstances beyond LSSCI's control. Neither LSSCI nor its board members, trip leaders or other representatives assume any obligation or responsibility for any matters not within their control.

I acknowledge that skiing & boarding and other physical activities are hazardous activities and I have made a voluntary choice to participate in those activities despite the risks that they present. In consideration of my being permitted to participate in Club events, I agree to assume any and all risks of injury or death which might be associated with or result from my participating in this event.

I understand that this is a Release of Liability, which will legally prevent me or any other person from filing suit or making any other legal claim for damages against the *Lebanon Ski & Sport Club, Inc.* in the event of my death or any injury to me. I, nevertheless, enter into this agreement freely and voluntarily and agree that it is binding upon me, my heirs, assignees and legal representatives.

I agree as an individual or on behalf of family, to abide by the provisions and conditions in the trip Agreement and Terms or any other trip material, including information appearing in the *Lebanon Ski & Sport Club, Inc.* newsletter which information shall be part of the agreement.

I agree as an individual or on behalf of family or those under 18 years of age, to abide by the provisions and conditions in the trip Agreement and Terms

I agree to make schedule payments when due. If I make late payments, make changes or withdraw from the trip, I agree to pay shift, late or cancellation fees as specified in the trip material.

I, the undersigned, have read, understand and will abide by all statements, rules and regulations in the Application.

Print Name _____ **Date** _____

Signature(s) _____

LEBANON SKI CLUB - TRIP/EVENT REGISTRATION FORM 2017/2018

1. TRIP/EVENT SIGN-UP AND PAYMENT

- A. Everyone participating in Club trips must be a member of the Lebanon Ski and Sport Club, Inc., unless otherwise designated.
B. Everyone participating in club trips must be at least 18 years of age, unless accompanied by a Parent/Legal Guardian.
C. Registration for all club trips or events must include this registration form and the initial deposit. Deposits shall be made by check made payable to the Lebanon Ski and Sport Club, Inc.
D. Everyone under 21 years of age must abide by all state laws governing alcoholic beverage consumption. Any individual under 21 years of age who consumes alcoholic beverages or any club member, who furnishes any individual under the age of 21 with alcoholic beverages, shall be prohibited from participating in any additional club trips. In addition, the Board may expel said individual(s) for violations of this policy.
E. Trips will be filled as follows:
1. Registrations will be accepted in the order they are received. Deposits, (checks only) and registration forms are to be given to the trip leader assigned to that trip. Trip Leader addresses will be listed in the monthly newsletter.
2. The initial deposit amount and the schedule for the remaining payments will be stated in the official trip announcement. Payment schedules will also be listed in the monthly newsletter.
3. The club makes reasonable efforts to pair members to fill rooms to meet the occupancy rate. However, due to the variety of room configurations, parties signing up for trips with less than required occupancy may incur additional charges to cover room costs not otherwise covered.
F. Lebanon Ski & Sports Club Inc. (LSSCI) reserves the right to make any changes including, but not limited to: price, time, departure point, lodging, air flights, trip cancellations where such changes are in the best interest of LSSCI or are compelled by circumstances beyond LSSCI's control.

2. Participant Cancellation: Cancellation with full refund will be made if the vacancy created is filled at the time of the event. It is the responsibility of the participants to find a replacement, not the trip leader. If the vacancy is not filled, refunds will be made only for the portion of the deposit not required to cover fixed, non-refundable expenses incurred by the club. Cancellations fees will be determined on a trip-by-trip basis. Any trip refund is provided after the trip.

TRIP REGISTRATION FORM Please use this form when signing up for any Overnight Club trip. Attach a check made payable to the Lebanon Ski Club for your deposit/payment and either mail or give it to the trip leader at the club meeting.

Save the above sheet for trip guidelines!

✂.....clip here.....✂

Trip/Event _____ Trip Leader _____

Name 1: _____

(Provide name EXACTLY as it appears on your legal travel document, Drivers' License, etc.)

Name 2: _____

(Provide name EXACTLY as it appears on your legal travel document, Driver's License, etc)

Street _____ City _____

State _____ Zip Code _____ E-Mail _____

Phone (H) _____ (W) _____ (C) _____

Name of person you wish to room with _____

ROOM REQUESTS: Requests for specific room assignments should be specified on the application form. Although every effort will be made to honor each request, we cannot guarantee them due to lodging configurations.

Check No. _____ Amount \$ _____

Name 1: Birth date: ____ / ____ / ____ Name 2: Birth date: ____ / ____ / ____
Month Day Year Month Day Year

Calendar at a Glance

October 2017

10: Club Meeting 7:30 pm

14: Hiking Blue Marsh with the Amermans and Bachmans @ 2pm!

18: Lancaster Ski Club Ski Show – show your member card

21: ERA Ski & Sport --2017 SKI SWAPS SAVE THESE DATES!

November 2017

4 & 5: Roundtop Ski Resort -- 2017 SKI SWAPS SAVE THESE DATES!

5: PRW Public Ski Show @ Crown Plaza, King of Prussia

11: Hershey Bears Hockey – a family event!

14: Club Meeting 7:30 pm

December 2017

12: Club Meeting w/ Dinner 7:00 pm

January 2018

5 & 6: Elk & Montage

9: Club Meeting 7:30 pm

17- 19: Ski Killington, Vermont

February 2018

3-10: Ski Telluride, Colorado

13; Club Meeting 7:30 pm

25 to March 2: Ski Sunday River Maine