

A monthly publication of the Lebanon Ski & Sport Club, Inc. P. O. Box 404 – Lebanon PA 17042 ~ www.lebanonskiclub.com



JANUARY 2015 NEWSLETTER

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MEETINGS OF THE LEBANON SKI & SPORT CLUB ARE HELD THE SECOND TUESDAY OF THE MONTH – SEPTEMBER THROUGH APRIL – AT HEISEY'S DINER – Route 72 North LEBANON, PA NEW MEMBERS ARE ALWAYS WELCOME! Meetings are held @ 7:30 PM

TUESDAY, January 13th, 7:30 PM

Program: Dr. Mark Foley Acupuncture for Skiers

President's Message

The weather is turning colder and ski season has finally arrived. We are getting ready for our first ski trip of the year to Elk/Montage. By the time you read this we will be back and gearing up for Lake Placid. I am sure there will be plenty of stories to be told at the January members meeting.

Our Christmas party was a huge success. Thank you to everyone who donated the baskets and Elaine for requesting the ski tickets from the resorts. Congratulations to all the winners. It was great seeing old friends and making some new ones. Jim Mulligan, the speaker, also demonstrated a great new Oakley ski goggle at a very reasonable price.

The western trips, Jackson Hole and Whistler are just around the corner. Snow has been falling at both resorts as we anxiously await our departures. Please see trip leaders for availability.

The speaker for the January member's meeting is Mark Foley, D.O. from the Wellness Point in Annville. His practice specializes in Acupuncture, Osteopathic Medicine, and Counseling. Dr. Foley is a licensed osteopathic physician as well as a certified physician acupuncturist. He will speak about acupuncture and how it might benefit those who ski.

It is time to start thinking about becoming a board member. New faces and ideas are always welcome. See Gerald if you are interested or have any questions. Join now as the new board will soon be planning spring/summer activities for 2015 as well as next winter's destinations.

Happy New Year and think snow. See you all on Tuesday at Heisey's





MEMBER BENEFITS

Don't forget about your Lebanon Ski Club Member Benefits - SHOW YOUR CARD AND SAVE!



Bouquet Mulligan DeMaio Eye Specialists – 20/20 Benefits –

717-272-0581 http://www.bmdeye.com
\$20 Off Eye Exams, 20% off Eyewear, 20% off Family Eyewear, Contract Price for Safety Glasses. Pick up your card at any ski club meeting. Cleona and Elizabethtown locations.



ERA Ski & Bike Shop – Show your card for tune up special http://www.eraski.com/



Pennsylvania Winter Vacation and Outdoor Fun Deals & Promotions

Go to www.skipa.com and enter code skipa1415bro

LOCAL SLOPE DISCOUNTS:

Present your membership card at local slopes for club discounts. Discounts and days vary – ask at the ticket office: www.skipa.com

LEBANON SKI CLUB'S EASTERN TRIP! January 14th to 16th, 2015



SOLD OUT! WAIT LIST ONLY... ATTENTION TRAVELERS!

A quick note to the Lake Placid group: We have a FULL bus to Lake Placid, so all of us could help the folks that volunteer to load the bus, by packing only the essentials for our trip. We have an assurance from the Banchi Tours coordinator that the 57 passenger bus will have ample room to accommodate all of our gear. However, "you know how that works". Nonetheless, please be thrifty when packing for our 2 night stay. I checked on the "alcohol on board rules'...the reply..."ENJOY!! Just be responsible"

Just a reminder, the Bus will depart at 2:00 p.m. from the Sunset parking lot on Wednesday, January 14th, along North 7th street in Lebanon. Please, as we have done in the past, kindly patronize the market at Sunset Grocery for your carry on supper, they really do make a great sandwich.

We should arrive in Lake Placid 9:30 - 10:00 p.m. Jan. 14th. We will stop on the way at the Sloatsburg service plaza in New York, along Interstate 87. For you motorcycle enthusiasts, just before the NewburghsNew York exit, on the left side of the bus, you can see the new home of Orange County Choppers http://www.orangecountychoppers.com/, as seen on TV. I'll point it out on our way up there.

When we arrive at High Peaks Resort

http://www.highpeaksresort.com the hotel will require a credit card from one person in each room. Also, the room list will be at the front desk. Your trip includes lodging, breakfast, use of the 2 hot tubs, 2 pools and night club, in house. There is a spa you can engage that has several packages where you can even have a "chakra balancing massage" or "seaweed body wrap". HEY NOW !!

We will establish a schedule for our bus to transport us to Lake Placid Ski Resort,... times to be announced. I have it from good authority, there are many places to choose from for your dining pleasure. I have <u>no plans for any group meals on Thursday</u>, so you are on your own for dinner.

Other details about departure and our stop on the way home Friday in Glens Falls, New York at Coopers Cave Ale Company for a dinner brewers@cooperscaveale.com, will be discussed on the bus.

If any one has a question please send an email to me oldtwtor@hotmail.com or my cell phone 717 269-2697 after 5;00 p.m. please. Looking forward to seeing all of you on the 14th.

- Paul Horst

A GREAT TRIP TO ELK & MONTAGE. THANKS, ELAINE!



















January 31st – February 7th, 2015

LOOKING FOR ONE SINGLE MALE TO ROUND OUT OUR ROOMS!!! Must CALL NOW.

Package Includes:

- Roundtrip Airfare from Harrisburg to Chicago to Jackson Hole, WY
- Lodging 7 nights at the Parkway Inn
- Lift Tickets 5 of 6 days including a day <u>at Grand</u> Targhee!
- Deluxe Continental Breakfasts
- Welcome Reception
- Baggage Handling at the Parkway Inn
- Private Shuttle to the Slopes
- Super Bowl Party
- Price: \$1,538.00 (See schedule below)

Stephanie Butler at 1601 Mt. Pleasant Rd., Lebanon, PA 17042. Questions? (717-222-0584)

The Lebanon Ski Club <u>STRONGLY</u> encourages members to purchase trip insurance http://travelguard.com/agentlink.asp?ta arc=247146 &pcode=SVPP

Go here for the flier:

http://lebanonskiclub.com/wpcontent/uploads/2014/08/WSAS-E-Trip-Insurance-Flyer-3.pdf



February 21st-28th 2015

Looking for single female, single male and/or couples
Ask about available space.

Don't be left behind and have to hear about all the fun and excitement.

You can have all this at your fingertips

- WHISTLER BLACKCOMB NAMED No. 1 SKI AREA IN NORTH AMERICA BY READERS OF SKI MAGAZINE
- Whistler Blackcomb Also Tops Survey For Terrain Variety, Après and Off-Hill Activities
- Cross Country Skiing and Snowshoeing- Lost Lake Park
- Whistler Endless Award winning Restaurants

MUST HAVE PASSPORT

Price includes

- Transportation to/from Sunset Parking lot to Newark Airport
- Flight on CanAir to Vancouver
- 6 nights at the newly renovated Delta Hotel/Condos (2 bedroom condo W/4pp.)
- 5 day lift ticket- one fresh track breakfast- six day optional

<u>Trip Leader:</u> Anne Shutter 717-273-4346-Home 717-926-2137- Cell <u>ashutter@hmc.psu.edu</u> or <u>atg244@verizon.net</u>



Lebanon Ski & Sports Club, Inc. Policies and Release of Liability Form

All trip participants must be current LSSCI members General Trip Information

Name (Mr. Mrs. Ms.) First: (please print clearly) Last: Address Beales address Bealess of Liability Are parable parable paymeths she to beand sad address in th	Membership Type: □ New Member □ Renewal □ Family - \$20.00 □ Individual - \$15.00	 Buses for day trips will leave from the meeting place determined by trip chairperson(s), so please listen carefully at meetings, and please be courteous. Plan to arrive EARLY to load the bus or you may be left BEHIND.
Address City:State:ZIP:		the trip chairperson(s), who will be happy to help you and
Address A. Payments for trips are due on or before the dates indicated. Failure to meet the payment schedule may result in loss of your deposit and/or reservation.		3. It is very important that you keep your ski equipment in good condition, ski within your ability, and always be with, at least, one other person. Do not let safety be just
State: ZIP: State: ZIP:	Address	Payments for trips are due on or before the dates indicated. Failure to meet the payment schedule may result
Email address: Payment record: Check # membership date:	•	5. Payments in the form of a valid check shall be made
Payment record: Check #		6. No refunds will be made until after the trip.
Release of Liability The Lebanon Ski & Sports Club Inc. (LSSCI) reserves the right to make changes including, but not limited to price, tim departure point, lodging, air flights, etc., where such changes are in the best interest of LSSCI or are compelled by circumstances beyond LSSCI's control. Neither LSSCI nor its board members, trip leaders or other representatives assur any obligation or responsibility for any matters not within their control. I acknowledge that skiing & boarding and other physical activities are hazardous activities and I have made a voluntary choice to participate in those activities despite the risks that they present. In consideration of my being permitted to participate in Club events, I agree to assume any and all risks of injury or death which might be associated with or result from my participating in this event. I understand that this is a Release of Liability, which will legally prevent me or any other person from filing suit or making any other legal claim for damages against the Lebanon Ski & Sport Club, Inc. in the event of my death or any injury to me nevertheless, enter into this agreement freely and voluntary and agree that it is binding upon me, my heirs, assignees and legal representatives. I agree as an individual or on behalf of family, to abide by the provisions and conditions in the trip Agreement and Terms any other trip material, including information appearing in the Lebanon Ski & Sport Club, Inc. newsletter which information shall be part of the agreement. I agree as an individual or on behalf of family or those under 18 years of age, to abide by the provisions and conditions in the trip Agreement and Terms I agree to make schedule payments when due. If I make late payments, make changes or withdraw from the trip, I agree pay shift, late or cancellation fees as specified in the trip material.	List names of family members and ages here, if applying	ski areas do, and the club is obligated to pass price increases onto trip participants. It is our policy to obtain guarantee prices whenever possible, to keep prices as low
The Lebanon Ski & Sports Club Inc. (LSSCI) reserves the right to make changes including, but not limited to price, tim departure point, lodging, air flights, etc., where such changes are in the best interest of LSSCI or are compelled by circumstances beyond LSSCI's control. Neither LSSCI nor its board members, trip leaders or other representatives assur any obligation or responsibility for any matters not within their control. I acknowledge that skiing & boarding and other physical activities are hazardous activities and I have made a voluntary choice to participate in those activities despite the risks that they present. In consideration of my being permitted to participate in Club events, I agree to assume any and all risks of injury or death which might be associated with or result from my participating in this event. I understand that this is a Release of Liability, which will legally prevent me or any other person from filling suit or making any other legal claim for damages against the Lebanon Ski & Sport Club, Inc. in the event of my death or any injury to me nevertheless, enter into this agreement freely and voluntary and agree that it is binding upon me, my heirs, assignees and legal representatives. I agree as an individual or on behalf of family, to abide by the provisions and conditions in the trip Agreement and Terms any other trip material, including information appearing in the Lebanon Ski & Sport Club, Inc. newsletter which information shall be part of the agreement. I agree as an individual or on behalf of family or those under 18 years of age, to abide by the provisions and conditions in the trip Agreement and Terms I agree to make schedule payments when due. If I make late payments, make changes or withdraw from the trip, I agree pay shift, late or cancellation fees as specified in the trip material. I, the undersigned, have read, understand and will abide by all statements, rules and regulations in the Application.	MEMBERSHIP YEAR: 2014 – 2015	Membership begins April 1 and expires Mar 31st . Mail to: Deb Binkley, 2566 State Rte 72 Jonestown PA 17038
	The Lebanon Ski & Sports Club Inc. (LSSCI) reserves the departure point, lodging, air flights, etc., where such changes circumstances beyond LSSCI's control. Neither LSSCI nor its any obligation or responsibility for any matters not within their I acknowledge that skiing & boarding and other physical active choice to participate in those activities despite the risks that the participate in Club events, I agree to assume any and all risks from my participating in this event. I understand that this is a Release of Liability, which will legal any other legal claim for damages against the Lebanon Ski & nevertheless, enter into this agreement freely and voluntary a legal representatives. I agree as an individual or on behalf of family, to abide by the any other trip material, including information appearing in the shall be part of the agreement. I agree as an individual or on behalf of family or those under the trip Agreement and Terms I agree to make schedule payments when due. If I make late	right to make changes including, but not limited to price, time, are in the best interest of <i>LSSCI</i> or are compelled by a board members, trip leaders or other representatives assume control. vities are hazardous activities and I have made a voluntary ney present. In consideration of my being permitted to sof injury or death which might be associated with or result ally prevent me or any other person from filing suit or making <i>Sport Club, Inc.</i> in the event of my death or any injury to me. I and agree that it is binding upon me, my heirs, assignees and a provisions and conditions in the trip Agreement and Terms or <i>Lebanon Ski & Sport Club, Inc.</i> newsletter which information 18 years of age, to abide by the provisions and conditions in payments, make changes or withdraw from the trip, I agree to
Print Name Date	I, the undersigned, have read, understand and will abide	by all statements, rules and regulations in the Application
	Print Name	Date

Signature _

LEBANON SKI CLUB - TRIP/EVENT REGISTRATION FORM 2014/2015

1. TRIP/EVENT SIGN-UP AND PAYMENT

- A. Everyone participating in Club trips must be a member of the **Lebanon Ski and Sport Club**, **Inc.**, unless otherwise designated.
- B. Everyone participating in club trips must be at least 18 years of age, unless accompanied by their Parent or Legal Guardian.
- C. Registration for all club trips or events must include this registration form and the initial deposit. Deposits shall be made by check made payable to the **Lebanon Ski and Sport Club, Inc.**
- D. Everyone under 21 years of age must abide by all state laws governing alcoholic beverage consumption. Any individual under 21 years of age who consumes alcoholic beverages or any club member, who furnishes any individual under the age of 21 with alcoholic beverages, shall be prohibited from participating in any additional club trips. In addition, the Board may expel said individual(s) for violations of this policy.
- E. Trips will be filled as follows:

Month Day

- 1. Registrations will be accepted in the order they are received. Deposits, (**checks only**) and registration forms shall be provided to the trip leader assigned to that trip. Trip Leader addresses will be listed in the monthly newsletter.
- 2. The initial deposit amount and the schedule for the remaining payments will be stated in the official trip announcement. Payment schedules will also be listed in the monthly newsletter.
- F. **Lebanon Ski & Sports Club Inc. (LSSCI) reserves** the right to make any changes including, but not limited to: price, time, departure point, lodging, air flights, trip cancellations where such changes are in the best interest of *LSSCI* or are compelled by circumstances beyond *LSSCI*'s control

TRIP REGISTRATION FORM Please use this form when signing up for any Overnight Club trip. Attach a check

2. Participant Cancellation

Cancellation with full refund will be made if the vacancy created is filled at the time of the event. It is the responsibility of the participants to find a replacement, not the trip leader. If the vacancy is not filled, refunds will be made only for the portion of the deposit not required to cover fixed, non-refundable expenses incurred by the club. Cancellations fees will be determined on a trip-by-trip basis.

Month

Lebanon Ski & Sport Club, Inc. 2014-15 Calendar



- Club Meeting, Tuesday January 13th. 7:30 pm.
- Eastern Ski Trip to Lake Placid & White Face Ski Resort, January 14-16th, 2015, Contact Paul Horst
- Western Trip #1 to Jackson Hole, Wyoming, January 31st to February 7th, 2015, Contact <u>Stephanie Butler</u>
- Club Meeting, Tuesday, February 10th. 7:30 pm.
- Western Trip #2 to Whistler- Blackcomb, British Columbia February 21st to 28th, 2015, Anne Shutter
- Club Meeting March 10th, 2015. 7:30 pm
- Club Meeting April 14th, 2015. 7:30 pm
- Fightin' Reading Phillies Baseball & Fireworks Mid June
- Hiking in the Grand Canyon of Pennsylvania tbd
- Biking on the Great Allegheny Passage Rail Trail, Rockwood to Frostburg Late June
- MORE SPRING AND SUMMER FUN TO COME

Lebanon Ski & Sport Club, Inc. P. O. Box 404 Lebanon, PA 17042

JANUARY CLUB MEETING

TUESDAY Jan 13th at 7:30 PM

Program: Program: Dr. Mark Foley
Acupuncture for Skiers

